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*Debbie Dalphreyman*

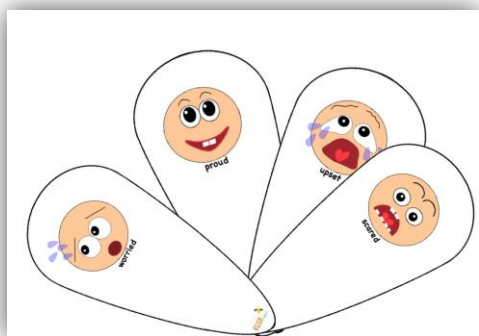
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# Empathy game

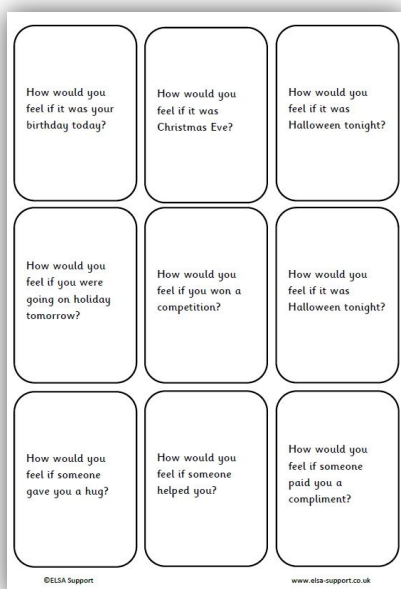
This game includes the following:

- How would you feel if... cards
- Emotion fan (12 different emotions)
- Bingo style game board (print one for each player)
- Superhero empathy mask or glasses (six different colours)
- Playing pieces (six different colours)
- How is your friend feeling game board – two different types, one is for the child to draw the expression whilst the other has the expression and the child circles the appropriate one.

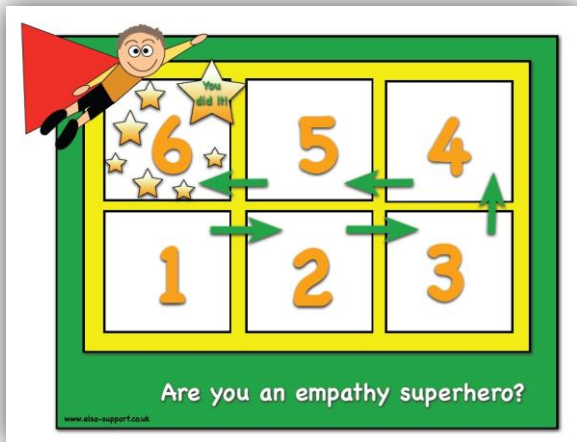
Print and laminate one emotion fan, punch a hole through the bottom and put on a key ring, split pin or treasury tag.



Print and laminate the 'How would you feel if...?' cards and cut into individual cards.



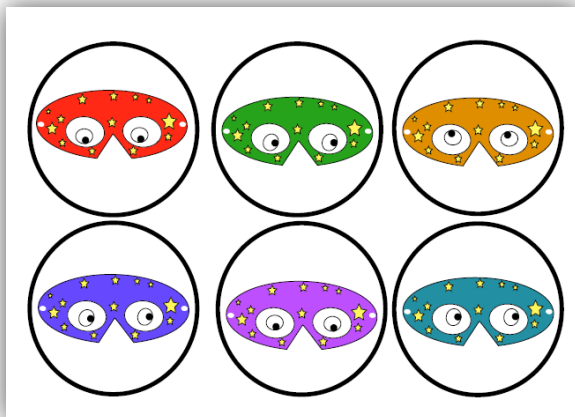
Print off 6 bingo style boards and laminate.



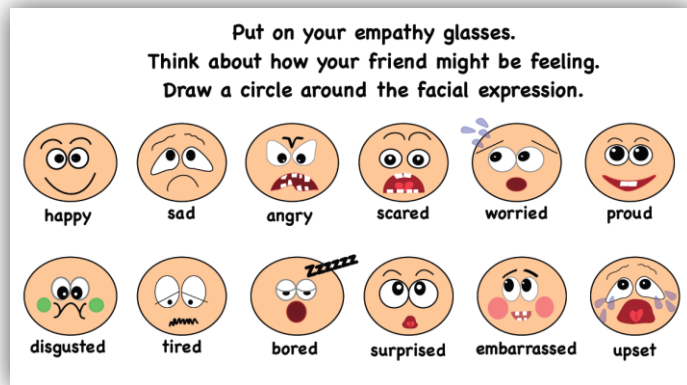
Print off 6 superhero empathy glasses, laminate and cut out. Thread some elastic through the holes at the sides and tie at the back.



Print, laminate and cut out the playing pieces.



Print, laminate 6 'How is your friend feeling game boards' either with or without expressions depending on your children.



You will also need dry wipe pens.

## How to play

Each child has a pair of 'empathy glasses', a 'bingo board', a 'game piece' and a 'How is your friend feeling' board.

Choose one child to go first. That child is given the feeling fan and has to choose one question card. Either you read out the card or the child can read the card loudly so that everyone can hear. They must think about how they would feel in that situation **BUT** they must keep it secret. They must choose one of the emotions on the feelings fan and hide it from the rest of the children.

All the other children must put on their empathy glasses and decide how their friend must feel. Really emphasis how it is how their friend feels and not necessarily how they would feel. They choose one of the emotions on their board, and either draws the emotion or circles it depending on which board you are playing with.

When everyone has finished they must show the first player. He/she then reveals the emotion he/she has chosen from the feelings fan. If the others have chosen the same they get to move their game piece on their bingo board. There is lots of opportunity to discuss this emotion and if a child has not chosen the same emotion then discuss why they chose a different one. It is good to explain that how we might feel doesn't necessarily mean that someone else feels the same.

The next player then has the fan and reads the next question. Continue until one child reaches number six on their bingo board. They are the empathy superhero!