



Print off all the pieces. Laminate the board back to back.

Cut out the emotion faces (rounding off the corners).

Stick Velcro to the backs of the emotion faces and onto the board.

Stick one piece of Velcro to the back of the board where it says 'How do I feel today?'

The child chooses an emotion and sticks to the board.

This is small and the child can keep it in their pocket.