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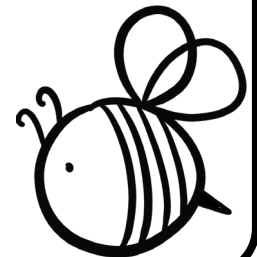
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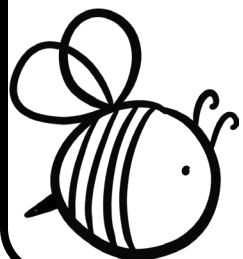
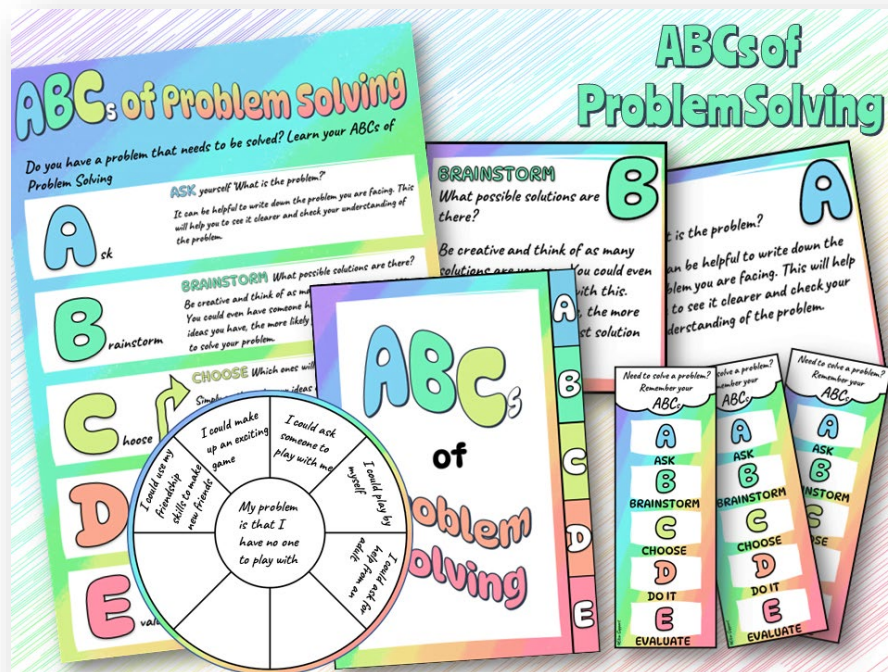




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# Problem Solving Wheel

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Are you worried about moving to a new school or class?

Try this problem-solving wheel and see if you can solve the worry/problem yourself.

Write down the worry/problem in the centre of the circle.

Write all your solutions around the circle in each section. You could draw too if you wish.

Choose one of the solutions and try it out.

Did it work? If not pick another solution to try.

## REMEMBER

**A** ASK- What is the problem?

**B** BRAINSTORM -Solutions

**C** CHOOSE - a Solution to try

**D** DO - it!

**E** EVALUATE - did it work?

