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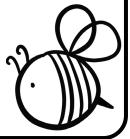
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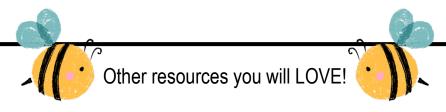


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## **PupilLeafletBundle** ☐ Making Friends ☐ Worries □ Sadness ☐Worry time ☐Time to sleep □Understanding emotions and feelings ☐ Managing stress □ Falling out with friends ☐ Affirmations □ Emotional brain

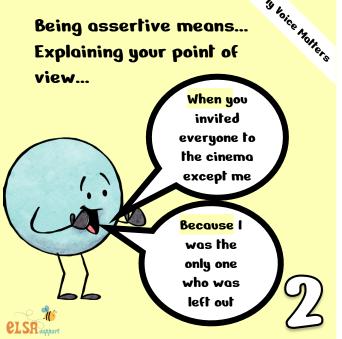




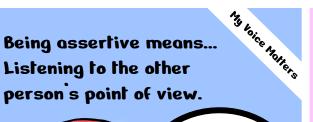
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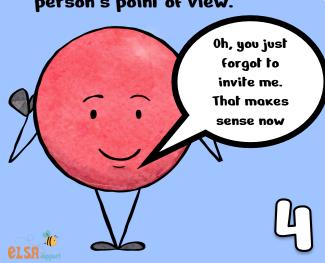
















- ✓ Saying how you feel
- √ Explaining your point of view
- ✓ Saying what you would have liked to happen

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✓ Listening to the other person's point of view

Print out and laminate. Cut into cards and punch a hole in the top right-hand corner. I have left a space to do that. Pop together on a keyring. Help pupils to be more assertive with their voice

