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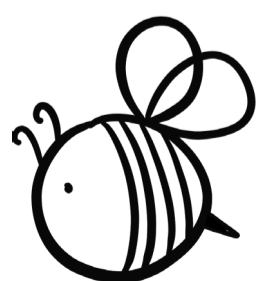
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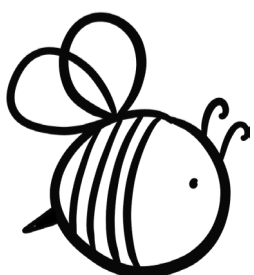
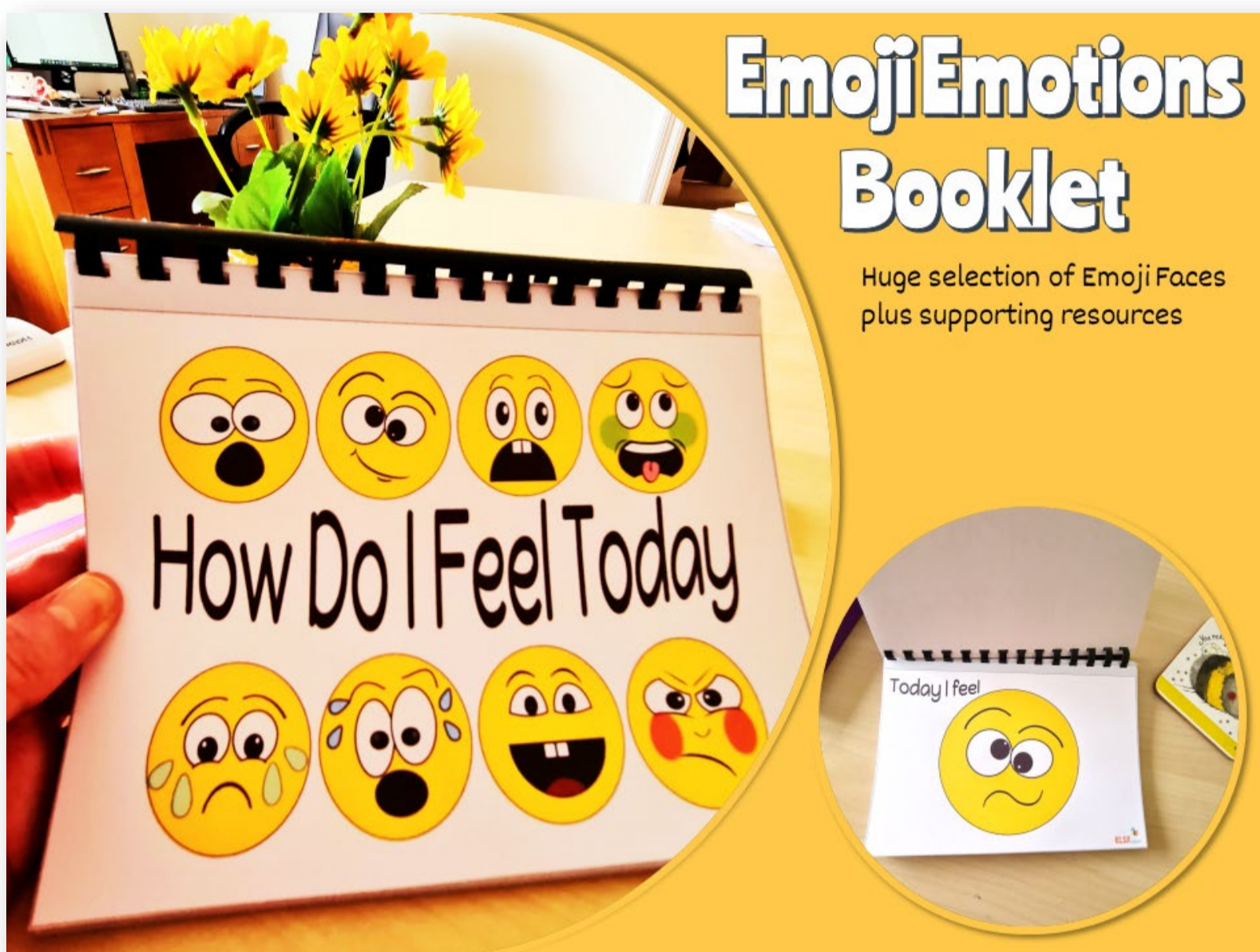




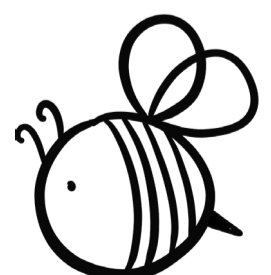
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Worry Monster

This file prints as A3 but you could also print it as A4 if you want it smaller. The monster is ready to eat up the worries.

Print out the monster sheet and ask children to write or draw their worry and put it into the monster's mouth. Once they have done that they don't need to worry about it anymore. The monster will take care of it.

Of course you could discuss the worry with the child and talk about control. Is it something in their control or is it something they just need to let go of?

This could be an interactive display if printed as A3 or even bigger. Put the worry monster on the wall and have a bag of cards for children to write or draw on. They could stick the worry onto the monster's mouth with a bit of blue tak.



TELL ME ABOUT YOUR WORRIES

Write it down and put it into my mouth



Write down the worries and add them to the worry monster's mouth
Yellow are little worries, pink are medium worries and blue are big worries



Yellow dashed box for writing a worry.

Pink dashed box for writing a worry.

Blue dashed box for writing a worry.

Yellow dashed box for writing a worry.

Pink dashed box for writing a worry.

Blue dashed box for writing a worry.

Yellow dashed box for writing a worry.

Pink dashed box for writing a worry.

Blue dashed box for writing a worry.

Yellow dashed box for writing a worry.

Write down the worries and add them to the worry monster's mouth
Yellow are little worries, pink are medium worries and blue are big worries



Yellow dashed rectangular box for writing a worry.

Pink dashed rectangular box for writing a worry.

Blue dashed rectangular box for writing a worry.

Yellow dashed rectangular box for writing a worry.

Pink dashed rectangular box for writing a worry.

Blue dashed rectangular box for writing a worry.

Yellow dashed rectangular box for writing a worry.

Pink dashed rectangular box for writing a worry.

Blue dashed rectangular box for writing a worry.

Yellow dashed rectangular box for writing a worry.