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ELSA Wellbeing Calendar 2023

12 x A3 Posters to display with a monthly focus and lots of room to write important dates

ELSA Wellbeing Yearbookmarks

12 BOOKMARKS WITH POSITIVE AFFIRMATIONS IN COLOUR AND THE SAME IN BLACK AND WHITE

ELSA Wellbeing Desk Calendar



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Llama Calma Potion

What would you put into your llama calma potion?
What makes you feel happy and relaxed?



Write or draw things that help you
feel calm

