



TERMS OF USE



This resource and its content is copyright of Elsa-Support Ltd.
©Elsa-Support 2021. All rights reserved.

All free products on this site are subject to a **Creative Commons Copyright Licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit - that is **Elsa-Support**, and our copyright labels must remain on the resource.

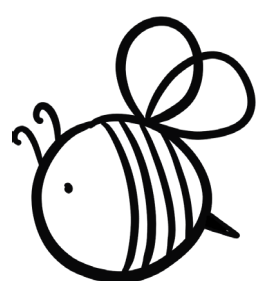
Non-Commercial: You may **not** use this work for commercial purposes. **You cannot sell this work or use it for financial gain.**

No Derivative Works: You may **not** alter, transform, or build upon this work. **You must not change our work in anyway.**

Thank you for abiding by copyright law.



www.elsa-support.co.uk



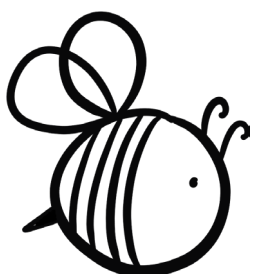


Other resources you will LOVE!

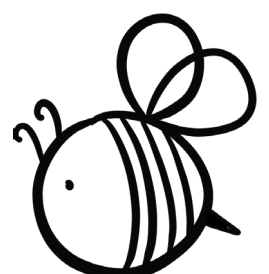


Please click the images to take you to resources for developing Emotional literacy

Impulsive Ian and Patient Percy



www.elsa-support.co.uk



Impulsiveness

If I have big feelings I tend to act on them without thinking

I don't look at the consequences of my actions

I am impulsive

I struggle to wait for my turn

I can sometimes hurt other people or myself without meaning to

I want to do things now and not wait

I don't like to follow rules

I blurt things out without thinking

I struggle to understand that my behaviours can affect others

