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Other resources you will LOVE!



Please click the image to take you to this related and relevant resource:

Bodysensations Resourcepack

Lots of resources to help pupils identify body sensations linked to emotion. Suitable from EYFS to secondary

knuckles

wrists



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My Safety Net

Who can I talk to? Who will help me? Who makes me feel safe? Who can I count on?

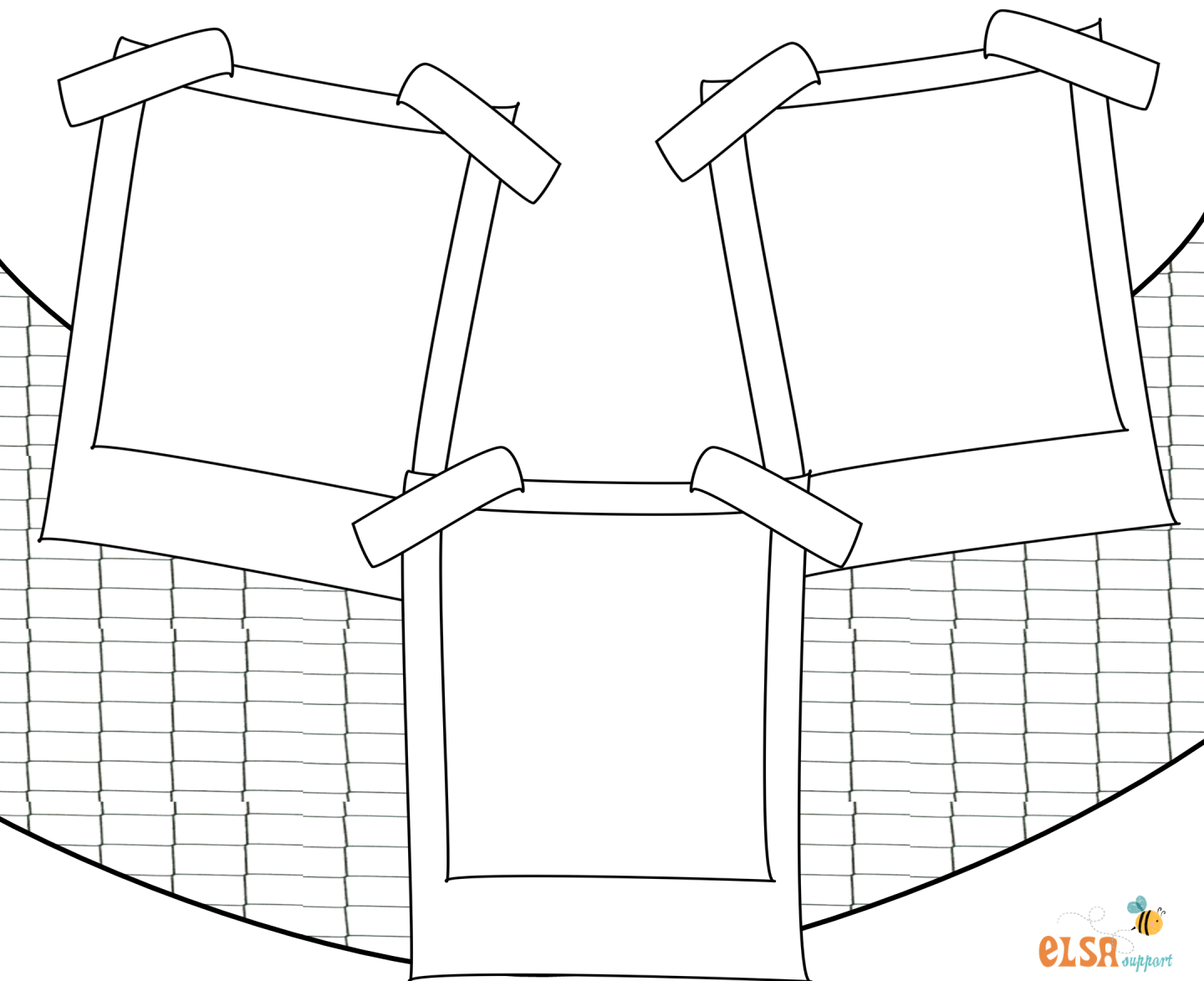
Give 3 reasons why you might need someone to help you...

1.

2.

3.

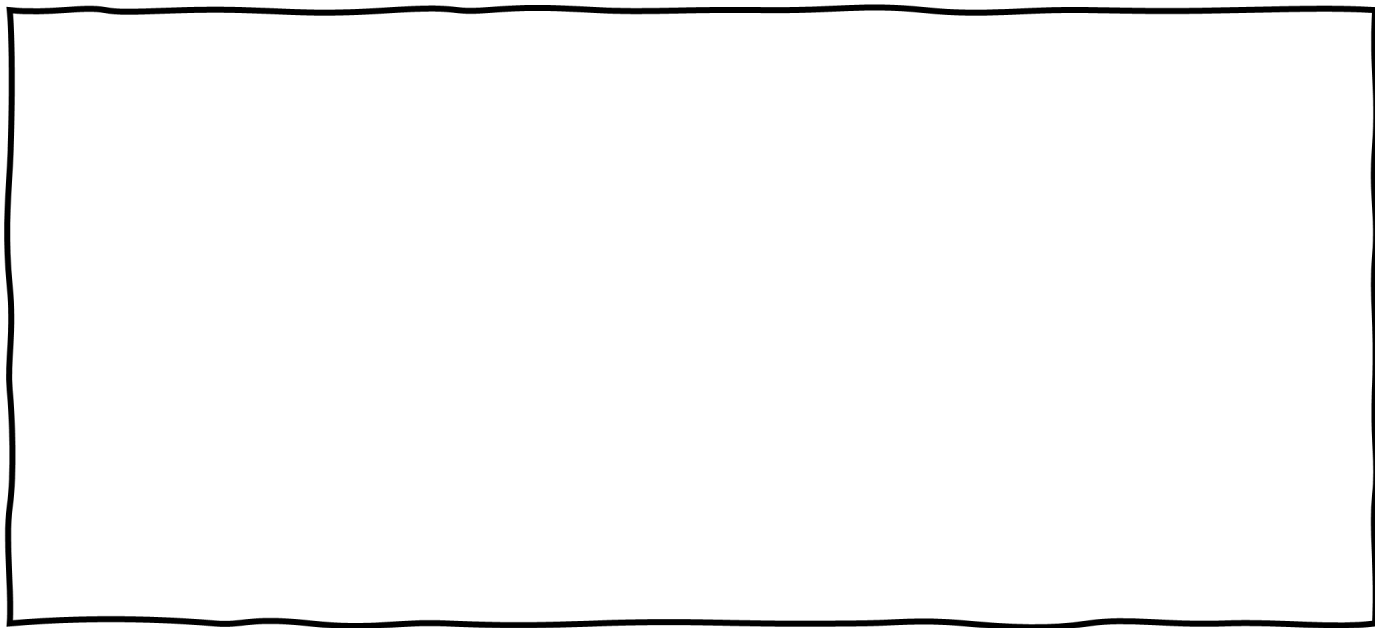
Draw their pictures and write their names in the frames



My Safety Net

Who can I talk to? Who will help me? Who makes me feel safe? Who can I count on?

Draw or write a reason why you might need someone to help you...



Who will help you? Draw their pictures and write their names in the picture frames

