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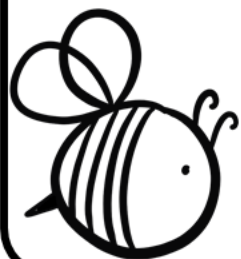




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Elsa-Support Advent KINDNESS Challenge



You can do these in any order. Just tick them off as you do them.

Compliment someone in your class or home	Make a Christmas card to make someone smile	Invite someone to play with you that you don't normally play with	Tidy your room at home or help tidy the classroom	Use your manners to say please and thank you at every opportunity
Use your smile to smile at everyone today	Let someone go ahead of you in line	Offer to help your teacher or family member	Offer to read to someone	Cheer up a friend by telling them a joke
If someone looks sad, see if you can help them	Make a paper chain of kind words and hang it in your classroom or home	Make a 'Get well soon' card and send it to anyone who is off school ill	Play a game with someone and show good sharing skills	Show yourself kindness by doing some exercise today
Feed the birds at school or at home	Make a present for someone by using your crafting skills	Draw a bauble, fill it with patterns and give it to someone to colour in	Have a feelings watch today where you notice how other people might be feeling. Can you help?	Leave a friendly note in a reading book or classroom book for someone to find
Teach someone a skill that you are good at	Paint a pebble with a kind message on it and leave it for someone to find	Make a Christmas decoration with a kind message to hang on the tree	Tell someone why you like them	



CONGRATULATIONS

ON COMPLETING THE

Elsa-Support
Advent Kindness Challenge

PRESENTED TO: _____

SIGNED: _____ **DATE:** _____





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