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Cut out the pieces and staple together



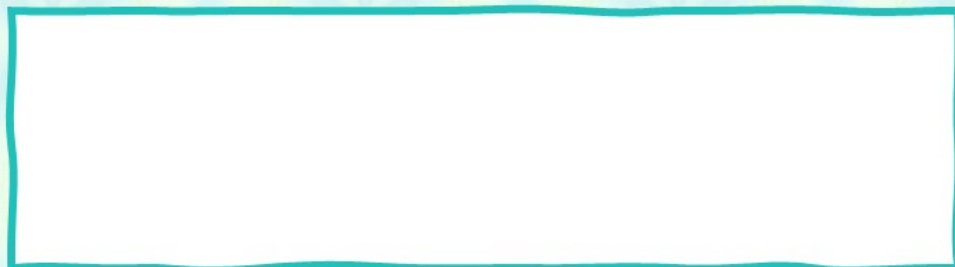


**TRYING  
NEW  
THINGS**

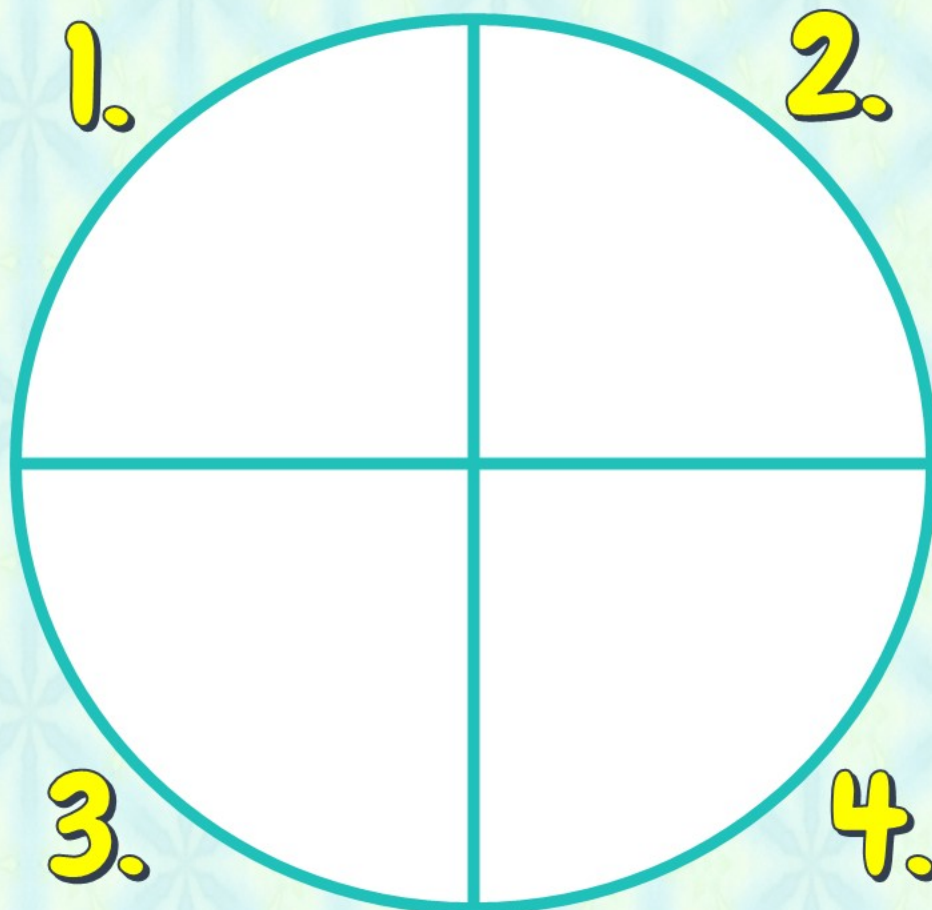
[Empty rectangular box for writing]

# I want to try?

What do you want to try?



How could you prepare? What steps could you plan?



I want to try

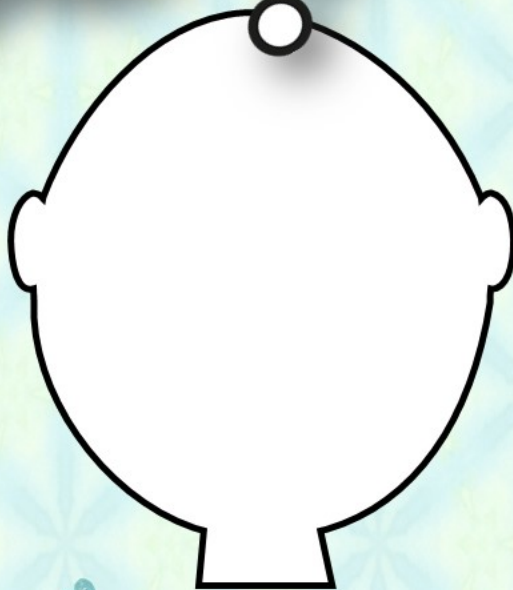


# My feelings?

This is how I feel about trying something new



This is what I am thinking



My feelings

# How it went

This is how it went


I feel...



Will I do this again?...

**yes**

**no**

**maybe**