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Cut out the pieces and staple them together





# My ELSA SESSIONS



# Session 1

**Session  
1**

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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# Session 2

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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**Session  
2**



# Session 3

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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**Session  
3**

# Session 4

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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**Session  
4**



# Session 5

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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**Session  
5**

# Session 6

The best part of our session today was...

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One thing I learnt today was...

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This is how I feel about our session today...

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Next time I would like to...

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One thing I am going to try before our next session...

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