



TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

Thank you for abiding by copyright law.



www.elsa-support.co.uk



Some of the clipart used in making this resource is licensed to us from the following:

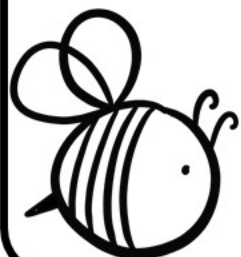




Other resources you will LOVE!

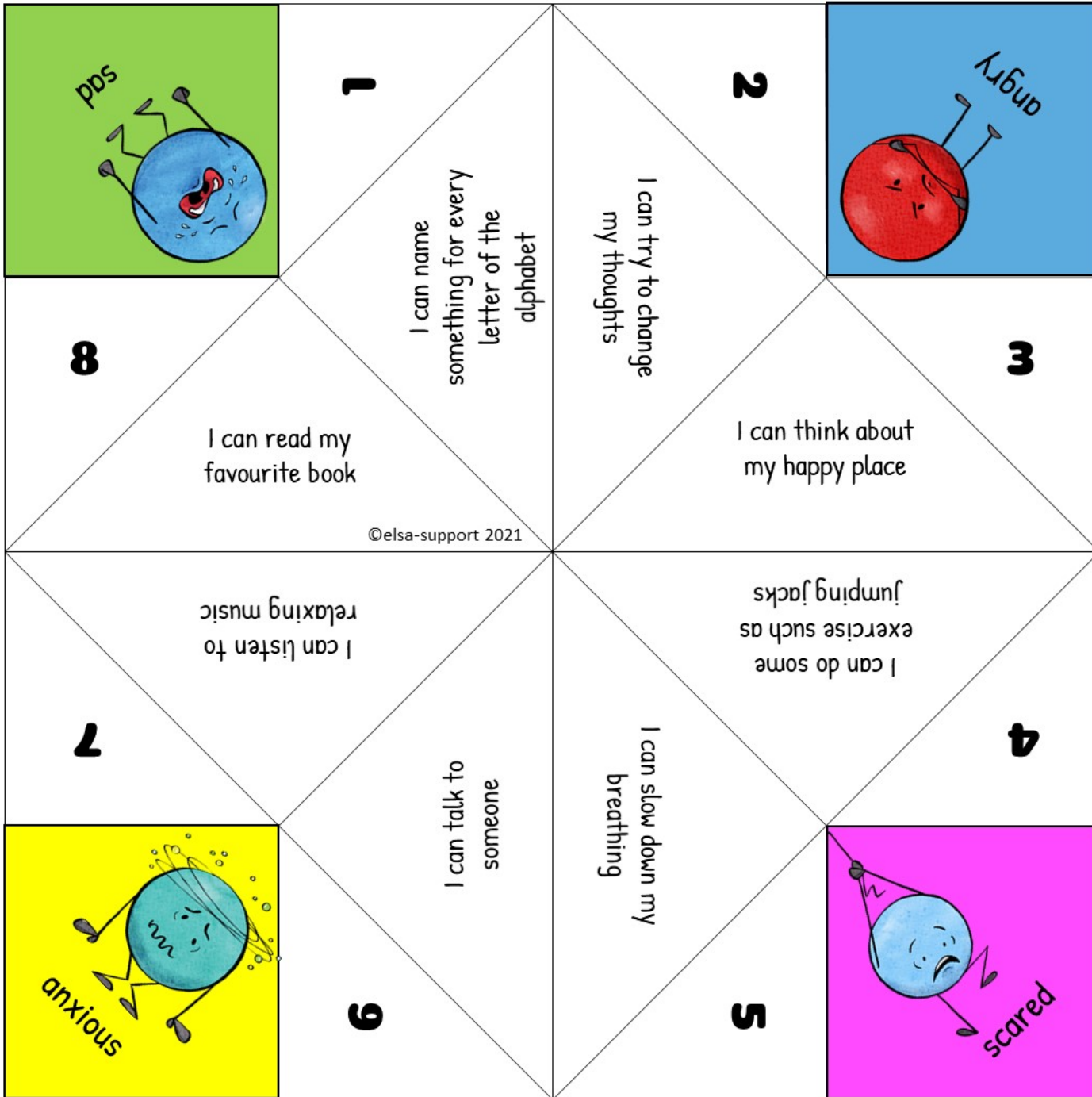


Please click the image to take you to this related and relevant resource:



www.elsa-support.co.uk

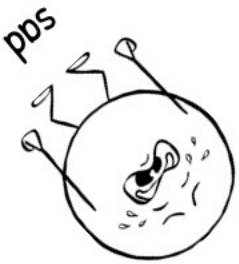
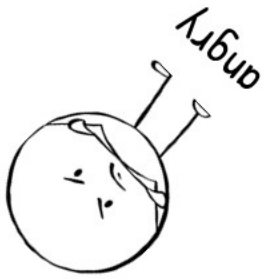
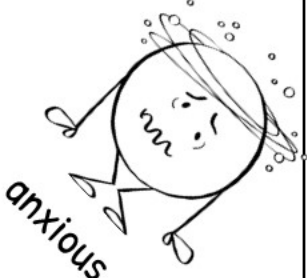
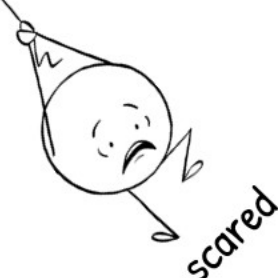




**FORTUNE TELLER,
CHATTERBOX, COOTIE CATCHER**

Print out this sheet.
Cut out the square.
Make up your fortune teller.

Choose a word first and move the fortune teller that number of letters. Then choose a number. Move the fortune teller that number. Then choose a number. Open up the fortune teller to read the coping strategy

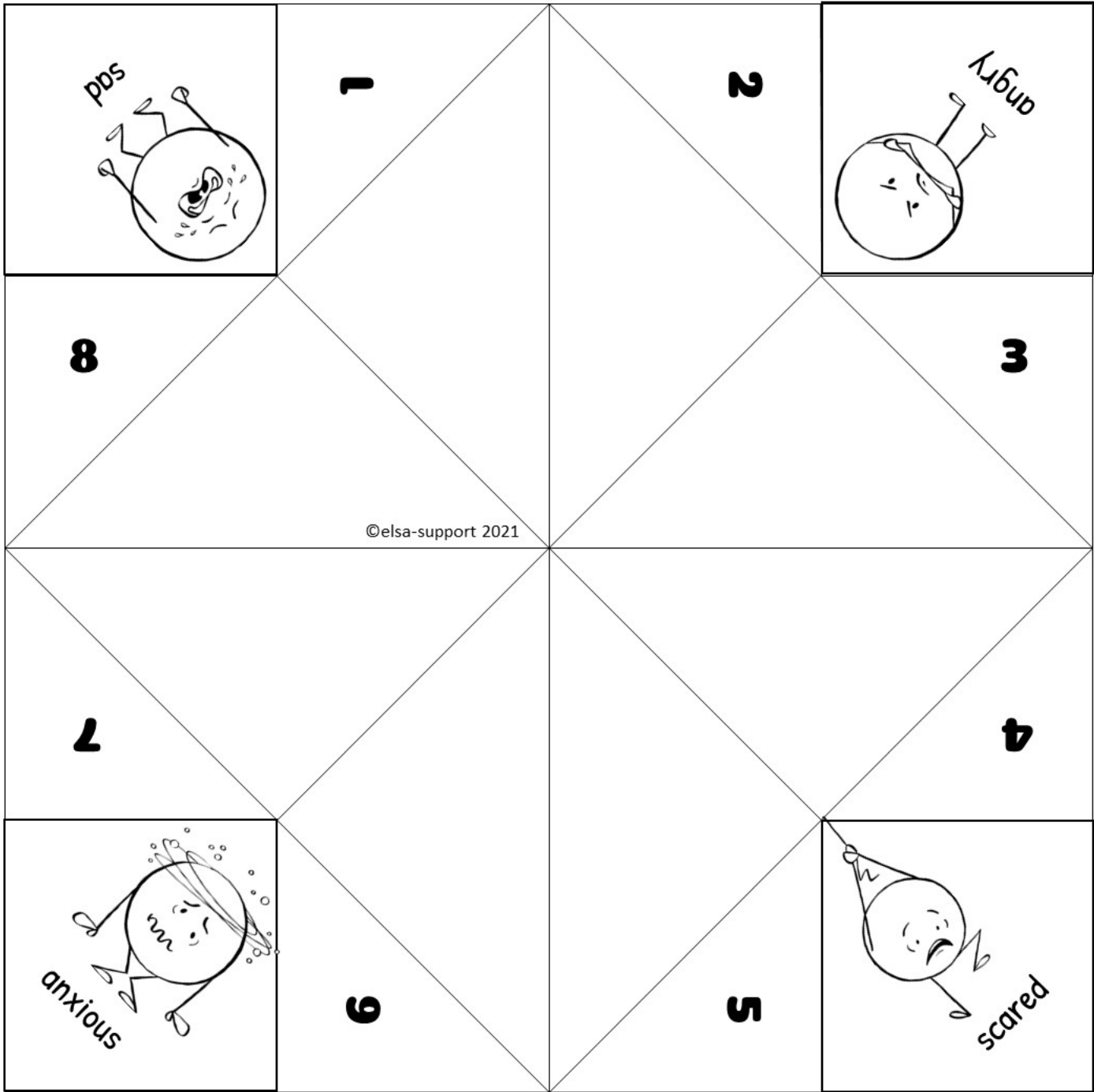
	<p>1</p>	<p>2</p>	
<p>8</p>	<p>I can name something for every letter of the alphabet</p>	<p>I can try to change my thoughts</p>	<p>3</p>
<p>7</p>	<p>I can read my favourite book</p>	<p>I can think about my happy place</p>	<p>4</p>
	<p>6</p>	<p>I can do some exercise such as jumping jacks</p>	
	<p>I can listen to relaxing music</p>	<p>I can talk to someone</p>	<p>5</p>
	<p>I can slow down my breathing</p>		

©elsa-support 2021

FORTUNE TELLER, CHATTERBOX, COOTIE CATCHER

Print out this sheet.
Cut out the square.
Make up your fortune teller.

Choose a word first and move the fortune teller that number of letters. Then choose a number. Move the fortune teller that number. Then choose a number. Open up the fortune teller to read the coping strategy



FORTUNE TELLER,
CHATTERBOX, COOTIE CATCHER

Print out this sheet.
Cut out the square.
Make up your fortune teller.

Choose a word first and move
the fortune teller that number
of letters. Then choose a
number. Move the fortune
teller that number. Then
choose a number. Open up the
fortune teller to read the
coping strategy