

This is me by Lindsay Taylor and Marnie Maurri

High Fives! Teaching Resource

'High Fives' is trying to ensure that all children feel included whilst allowing an expression of feeling of self-worth and esteem. Playing 'High Fives' can allow the children to explore the idea that we may have different feelings on the inside but we are all still worthy, accepted and have a valued place in our school or classroom - whatever our thoughts and beliefs about ourselves.

Best to be played as a class or large group.

Children to draw a picture or place a photograph of themselves inside the box at the top of the resource.

As a class/group, select five values/qualities/attributes that they feel are important to making the class a friendly place (friendly, fun, creative, grateful, respectful, thoughtful – as an example). These could be the school values or a class charter. However, they could be very specific to the needs of the children in the group and guided by the teacher.

Once the children are agreed. Write the values on the lines of the resource.

Each child can then rate themselves out of 100 (10 for younger children – if needed).

The children can then, in smaller groups or pairs, play a game of 'High Fives'.

Children to turn the cards in their hands face down and just turn over the top in their pack.

A child will go first and decide to call out a value and hope that they have the highest in number in that value.

If the child has the highest number, that child wins both/all cards from their opponents. They will also be the first to call out the next value once the next card has been turned over.

Whoever wins the highest number, wins the cards. They then call out the next value.

The game continues until the players run out of cards to play.

There is plenty of opportunity for a child to discuss their feelings as they are playing. There is also an opportunity to recognise that other children may feel different about themselves helping their peers understand them a little better.