



## TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

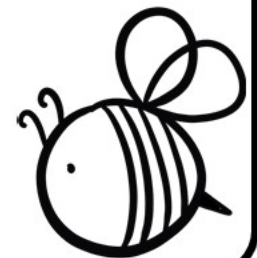
**Thank you for abiding by copyright law.**



[www.elsa-support.co.uk](http://www.elsa-support.co.uk)



Some of the clipart used in making this resource is licensed to us from the following:





Other resources you will LOVE!



Please click the image to take you to this related and relevant resource:

## FEEL THE FEELS BUNDLE

**Feel the Feels Bunting set**

**Feel the 'FEELS' Anger**

**Feel the Feels Display set**

**Feel the Feels Worksheet**

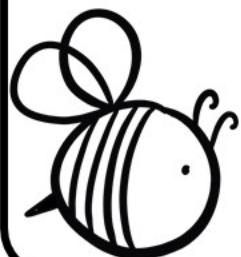
**FEEL THE FEELS BINGO GAME SET 2**

- 4 emotions covered - annoyed, nervous, happy, proud, disappointed, stressed, shocked, excited, silly, surprised
- Suitable for older pupils/years
- Learns to recognise, understand, express and label emotions
- 4 boards included
  - Emotions register
  - Situation cards
  - Emotion cards

**FEEL THE FEELS BINGO GAME SET 1**

- 4 emotions covered - angry, sad, surprised, scared, calm, disgusted, embarrassed, happy, nervous
- Suitable for older pupils/years
- Learns to recognise, understand, express and label emotions
- 4 boards included
  - Emotions register
  - Situation cards
  - Emotion cards

**ELSA support**  
www.elsa-support.co.uk



[www.elsa-support.co.uk](http://www.elsa-support.co.uk)



**ecstatic**



**disgusted**



**embarrassed**



**stressed**



**calm**



**excited**



**silly**



**annoyed**



**TALK ABOUT IT!**

**sad**



**scared**



**happy**



**furious**



**depressed**



**surprised**



**START**

**grumpy**



**angry**



**anxious**



**FINISH**

A time  
when you  
felt like  
this

A synonym  
of this  
word

Your  
thoughts  
when you  
feel like  
this

How do you  
cope when  
you feel like  
this?

What is  
your tone  
of voice  
when you  
feel like  
this?

What are  
your actions?  
What do you  
do when you  
feel like  
this?

How often  
do you feel  
like this?

Who can  
you talk to  
when you  
feel like  
this?

Do you like  
feeling this  
emotion?  
Why?

Do you  
dislike  
feeling this  
emotion?  
Why?

What  
physical  
sensations  
do you get  
when you  
feel this  
emotion?

What  
animal does  
this  
emotion  
remind you  
of?

What  
triggers  
this  
emotion for  
you?

## How to play

You need a die.

You need counters for each person playing.

Roll the die and move that number of places. Pick a card and answer the question on the emotion you have landed on.

If you throw a 5 or 6 you have to move back 5 or 6 spaces.

First person to reach the finish is the winner.

You need to throw the exact number to land on the 'Finish' square in order to win the game.