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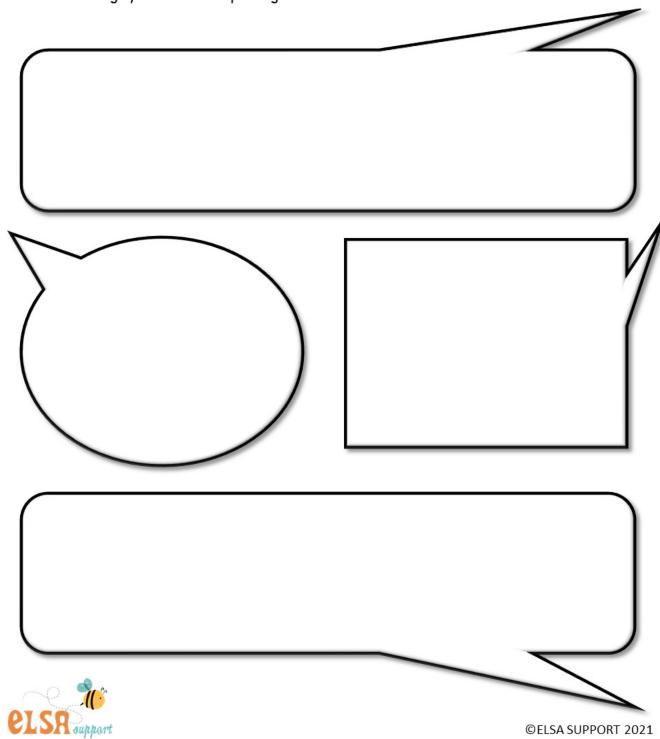




My 'Un-Do' List



Lots of people make 'To do' lists for all the things they want to do. An 'Un-do' list is for all the things you want to stop doing. All the things that perhaps stress you out or upset you. Can you think of four things you want to stop doing.



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DATE	Things I want to stop doing
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