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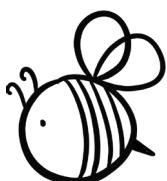
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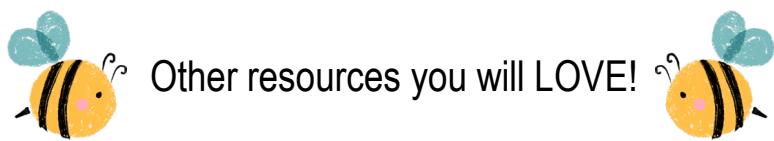
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Please click the image to take you to this related and relevant resource:

Emoji Emotions Booklet

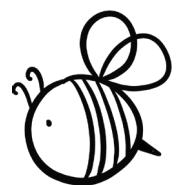
Huge selection of Emoji Faces plus supporting resources

How Do I Feel Today

Today I feel



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Feelings cards

There are so many activities you can do just with a set of feelings cards. This set is huge with 222 different words on small cards. Print them out, laminate them and cut them all out (yes I know it will take a while but you really can do so much with them). To make them look a bit more interesting then you could print onto coloured card or paper. Put them all in a little tub and you have an amazing bit of ELSA kit.

When working with a child you may not want to use all the cards. Just choose the ones you think are relevant to the child. With younger children they may only have a very limited emotional vocabulary whereas secondary students may know a lot more vocabulary. You might want your cards a bit larger and to do that just print on A3 paper instead.



abandoned	accepted	affectionate
aggravated	agreeable	alarmed
alert	alienated	alive
alone	amazed	amused
angry	annoyed	anxious
apprehensive	ashamed	astonished
awful	awkward	bad
baffled	bashful	bewildered
bitter	blue	bored
bothered	brave	bright
brilliant	calm	capable
caring	cautious	cheerful
cheery	chilled	comforted
compassionate	confident	confused
considerate	content	courageous
cranky	crushed	curious
daring	dejected	delighted
dependant	depressed	desperate
determined	devastated	disappointed
disgusted	dismayed	disorganised
disoriented	distressed	down
drained	eager	ecstatic

elated	embarrassed	emotional
empty	energetic	enraged
enthusiastic	envious	exasperated
excited	exhausted	exuberant
fascinated	fearful	fine
free	friendly	frightened
frustrated	fulfilled	fuming
furious	glad	gloomy
glum	good	greedy
grumpy	happy	hateful
heartbroken	helpless	hesitant
homesick	hopeful	hopeless
horrified	hostile	hot
humiliated	hurt	ignored
impatient	incapable	inferior
insecure	inspired	interested
irate	irritated	isolated
jealous	joyful	keen
lazy	lethargic	liberated
lifeless	lonely	lost
loving	mad	mean
merry	miserable	moody

outraged	overjoyed	overwhelmed
panicky	peaceful	perplexed
perturbed	pessimistic	petrified
playful	pleasant	pleased
powerful	powerless	proud
puzzled	rebellious	rejected
relaxed	relieved	reluctant
remorseful	repugnant	repulsed
resentful	rundown	sad
sarcastic	satisfied	scared
seething	sensitive	shaky
shocked	shy	small
sorrowful	sorry	startled
strong	sunny	sure
surprised	suspicious	tense
terrified	threatened	thrilled
timid	tired	touchy
tranquil	trapped	trembly
troubled	uncertain	uncomfortable
undecided	uneasy	unhappy
unique	unsure	unworthy
upset	uptight	vain

