



TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

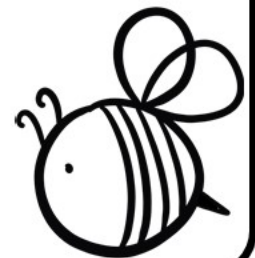
Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

Thank you for abiding by copyright law.



www.elsa-support.co.uk

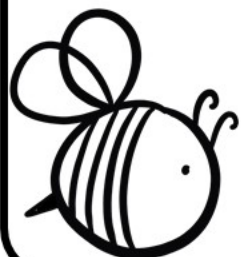




Other resources you will LOVE!



Please click the image to take you to this related and relevant resource:



www.elsa-support.co.uk



How to use

This is a 'best case, worst case' problem solving activity.

It can be used when a child has a problem to help them solve the problem.

Ask the child - What is the...

- Worst thing that could happen?
- What is the best thing that could happen?
- What might the middle ground be? What is likely to happen?

This can help put things into perspective especially when you discuss the worst thing that could happen. Often the worst thing is very unlikely to happen. They will soon see this with your help. Also sometimes the worst-case scenario is actually ok and they could cope with it. You can discuss how this could be coped with in the unlikely event of it actually happening.

Problem sorting

My problem is...

Worst case

Best case

Likely to happen

Problem sorting

My problem is...

Worst case

Best case

Likely to happen