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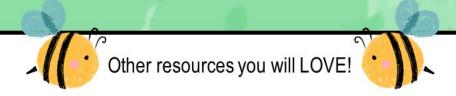
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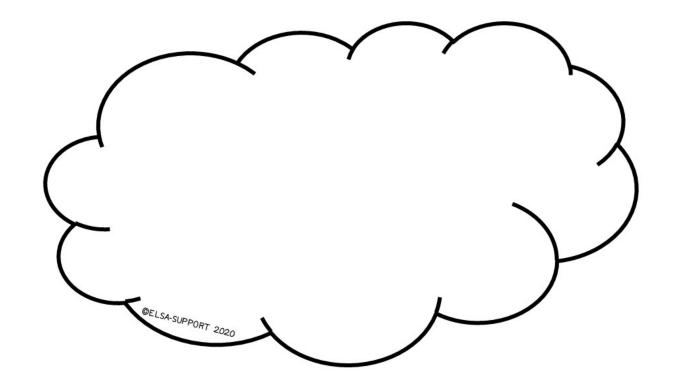






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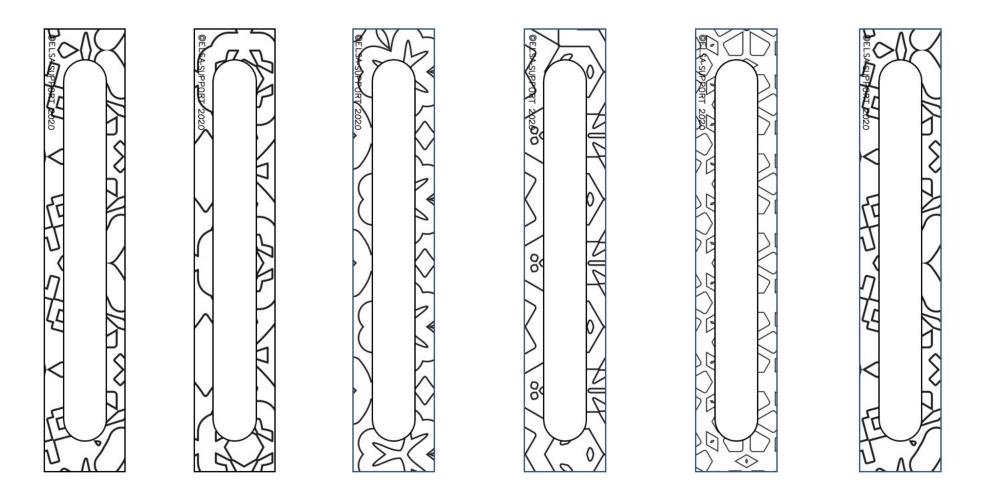




Cut out the cloud shape and then write your name in colourful writing or bubble writing.



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Write on one of your strengths or positive characteristics on each rainbow beam and then colour in mindfully. Cut out and stick to the cloud shape to make a self esteem cloud! Hang it up so you can remind yourself how amazing you are.

Positive characteristics or strengths Polite Kind **Positive** Caring Helpful Perseverant Creative Punctual Respectful Artistic Reliable Brave Responsible Supportive Articulate Resourceful Loving Sincere Thoughtful Busy Considerate Trustworthy Truthful. Daring Eager Understanding Witty Fair Loyal Funny Motivated Warm Neat Wise Observant Friendly Efficient Optimistic Organised Inventive Independent Open **Patient** forgiving

My list of positive characteristics

