



Am I lucky or unlucky

#elsafreefriday

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Do you think you are a lucky person or an unlucky person?



Throw a 6

Am I lucky or unlucky?

Take a die and throw a 6. Count how many times it takes you to throw before you get a 6.

Write the number here

If you threw one in under 10 attempts do you consider yourself lucky?
Yes/no (circle the answer).

If you threw one on your 10th or more attempt do you consider yourself unlucky?
Yes/no (circle the answer)

Did you feel like giving up? Yes/no (Circle the answer)

What stopped you from giving up? Or why did you want to give up?

This illustrates how you can achieve anything if you keep trying. You would eventually throw a 6 if you kept on throwing. It might take you a long time but eventually you will get there. So do you create your own luck? If you think positively and keep on trying you will eventually achieve your goal. If you believe you WILL throw a 6 then you WILL throw one no matter how long it takes. That isn't due to luck but your hard work. If you gave up throwing the die because you didn't throw a 6 then that isn't bad luck it is due to you not continuing to try. Try to remember this every time you feel unlucky. Ask yourself 'Could I try harder to achieve my goals?' 'Can I create my own luck?'

Has your answer changed? Do you still believe you are a lucky person or an unlucky person?

Or

Do you think you create your own luck?

