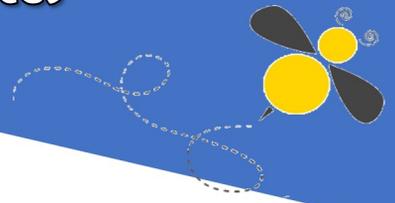


How do I like to learn?

Social and emotional resources



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How do I like to learn?

When working one to one with a child it is really beneficial to do something they enjoy. When you plan your sessions you can perhaps incorporate some of their interests.

For example

If they like drawing:

- They can draw characters with different facial expressions.
- They can draw their happy memories or sad memories.
- They can draw their family members or their friends.
- They can draw their calm place or happy place.
- They can draw something that scares them or something that makes them anxious.
- They can draw their angry feelings, triggers for anger or their style of anger.
- They can create cartoon stories.

If they like playdough:

- They can make emotion faces on [Face mats](#)
- They can talk about the texture or smell of the playdough and how it calms them down.
- They can get rid of their angry feelings by squishing, and squashing that playdough.
- They can use their imagination to create anything at all.
- They can gain a sense of self-esteem by creating something.
- It can encourage talking and language skills.
- It can encourage turn taking and sharing.

Check out these resources which might be useful

[My art book of emotional learning](#)

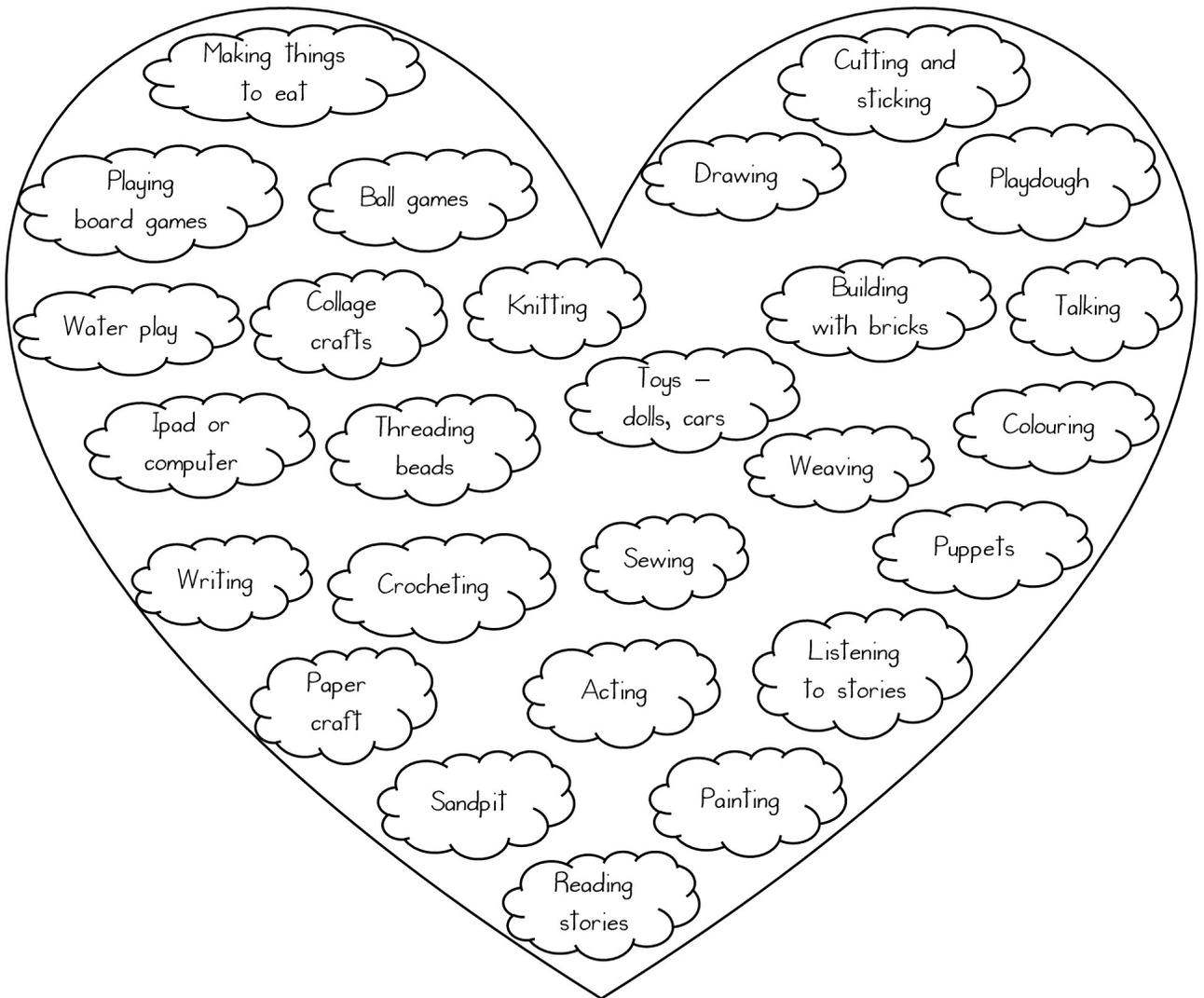
[Card craft volume 1](#)

[Card craft volume 2](#)

Choose how you like to learn. What do you like doing? Colour in five clouds.



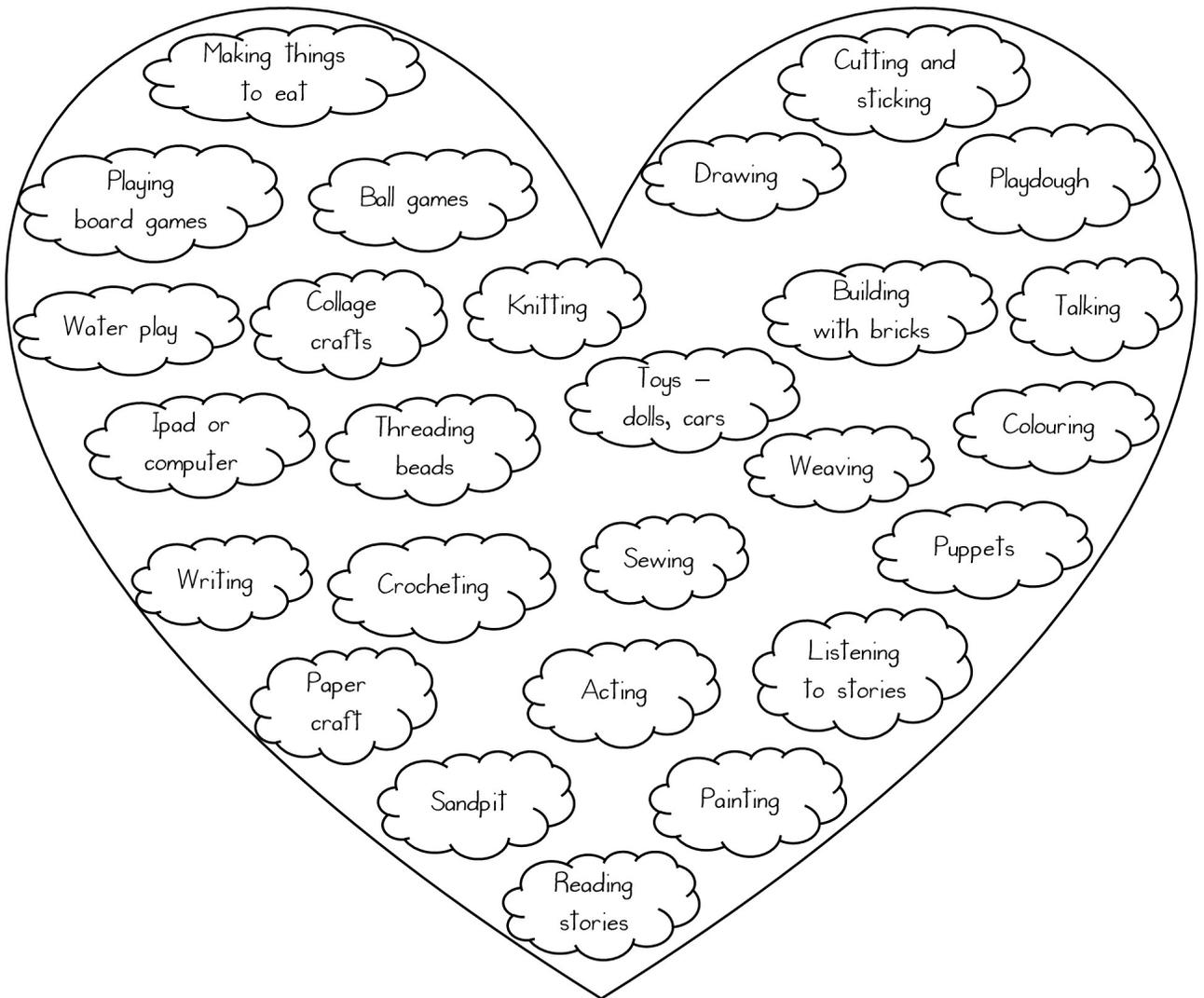
What do I like to do?



Choose how you like to learn. What do you like doing? Colour in five clouds.



What do I like to do?



Choose how you like to learn. What do you like doing? Colour in five clouds.



An example

This child likes cutting and sticking, collage, playing with dolls and cars, puppets and the sandpit.

